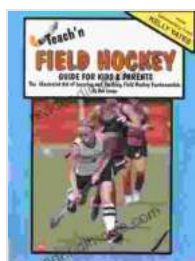


Teach Field Hockey Guide For Kids: Parents to the Rescue!



Teach'n Field Hockey- Guide for Kids & Parents (Teach'n Series 1 Book 8)

★★★★☆ 4.3 out of 5

Language : English
File size : 4707 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 196 pages
Lending : Enabled



Empowering Parents to Coach Their Young Athletes

Are you a parent who wants to teach your child the exciting sport of field hockey? Do you lack the experience or confidence to effectively guide them on their athletic journey? Look no further than our comprehensive "Teach Field Hockey Guide For Kids: Parents to the Rescue!"

This invaluable guide is meticulously designed to empower parents of all skill levels to take on the role of coach for their young field hockey enthusiasts. Whether you're a seasoned player or a novice to the sport, this book will equip you with the knowledge, skills, and strategies to foster a positive and rewarding learning experience for your child.

Unlocking the Fundamentals: A Step-by-Step Approach

Our guide breaks down the fundamentals of field hockey into easy-to-understand and age-appropriate steps. You'll gain a comprehensive understanding of:

- **Stick Handling:** Master the basics of holding, gripping, and controlling the stick.
- **Passing and Receiving:** Learn the techniques for accurate and effective passing and receiving skills.
- **Dribbling:** Develop coordination and agility through dribbling drills that build confidence and ball control.
- **Shooting:** Guide your child in developing powerful and precise shots that will score goals.

- **Defense:** Emphasize the importance of strong defense, including tackling, blocking, and clearing.

Age-Appropriate Drills for Progressive Learning

Our guide provides a wealth of age-appropriate drills that cater to the developmental stages of young players. Each drill is carefully designed to enhance specific skills and foster gradual progress. You'll find drills for:

- **Pre-K and Kindergarten:** Focus on fun and engaging activities that develop hand-eye coordination and basic stick handling.
- **Grades 1-3:** Introduce basic passing, dribbling, and shooting drills that lay the foundation for future skills.
- **Grades 4-6:** Challenge young athletes with more advanced drills that improve stick handling, speed, and agility.

Beyond the Field: Essential Life Skills and Values

Field hockey is more than just a sport; it's an opportunity for your child to learn valuable life skills and develop positive values. Our guide emphasizes the importance of:

- **Teamwork and Cooperation:** Guide your child in understanding the significance of working together and supporting their teammates.
- **Sportsmanship:** Instill the values of fair play, respect, and graciousness in victory and defeat.
- **Discipline and Perseverance:** Encourage your child to set goals, work hard, and never give up in the face of challenges.

Additional Features to Enhance Your Coaching Experience

In addition to our comprehensive coverage of field hockey fundamentals, drills, and life skills, our guide includes:

- **Glossary of Terms:** A handy reference for understanding field hockey terminology.
- **Troubleshooting Tips:** Expert advice for addressing common challenges and mistakes.
- **Sample Practice Plans:** Outlines for structured and effective practice sessions.
- **Printable Worksheets:** Reinforce learning with printable drills and activities.

Why Choose Our "Teach Field Hockey Guide For Kids: Parents to the Rescue!"?

Our guide stands out from the competition due to its:

- **Comprehensive Coverage:** Covers all aspects of field hockey coaching for kids, from fundamentals to life skills.
- **Age-Appropriate Approach:** Tailored to the developmental stages of young players, ensuring effective learning.
- **Expert Insights:** Written by experienced field hockey coaches and educators, providing credible and reliable information.
- **Practical and Engaging:** Packed with clear instructions, engaging drills, and helpful tips to enhance your coaching experience.

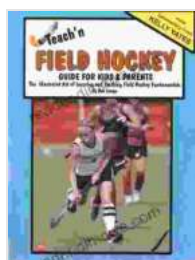
- **Empowering for Parents:** Equips parents with the confidence and knowledge to effectively coach their children.

Free Download Your Copy Today and Unleash Your Child's Field Hockey Potential!

Don't let a lack of experience or confidence hold you back from giving your child the gift of field hockey. Free Download your copy of "Teach Field Hockey Guide For Kids: Parents to the Rescue!" today and embark on an exciting journey of coaching and empowering your young athlete.

With our comprehensive guide at your disposal, you'll be able to provide your child with the skills, knowledge, and values they need to succeed both on and off the field.

Free Download Now

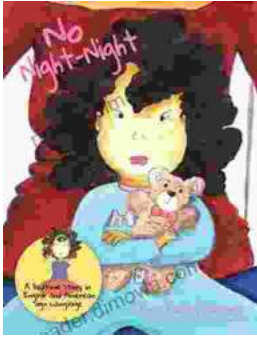


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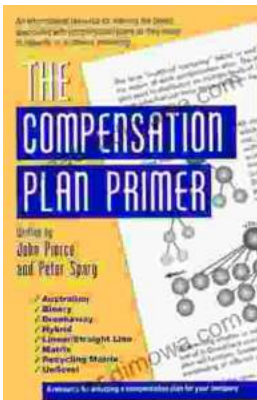
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